

Bio-Emulation: biomimetically emulating nature utilizing a histoanatomic approach; visual synthesis

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Abstract

A thorough understanding of the spatial distribution pertaining to the histo-anatomic coronal structures and dynamic light interaction of the natural dentition provides the dental team with the ultimate strategic advantage with regards to optical integration of the final restoration. The second part of this two-part article will attempt to provide insight on the illumination interactivity and the spatial arrangement of the coronal elements of natural teeth through the utilization of this knowledge in the clinical and technical restorative approach. The main goals for this article are to cognize histo-anatomic visualization by introducing: (1) Dynamic light interaction, (2) the 9 elements of visual synthesis, (3) dynamic infinite optical thickness, and (4) amplified visual perception effect of the hard dental tissues. Furthermore, a diversification of photographic illumination techniques will be illustrated in order to juxtapose optical associations between the enamel/dentinoenamel complex/dentin nexus.

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Fig 1 Relative attribution: although translucent by nature, the coronal structural elements can be graded with regards to their relative dynamic light interactivity and unique optical expression.

Introduction

In the modern dental practice, recreating the optical features of the intact tooth presents a formidable task, due to the inherent translucent nature of enamel, the dentinoenamel complex (DEC) and dentin. Translucent materials offer a significant color measurement challenge since they interact with light in a far more complex manner than most other materials.

While being translucent by nature, when coronal structures, such as enamel, the DEC and dentin, are compared among each other, they seem to possess relative translucency, transparency and opacity respectively (Fig 1). Anachronistic traditional visual estimation approaches that solely employ the Munsell color model system based on hue, chroma, and value (H/C/V) dominate the dental market appear to be inadequate when conveying the pertinent information among the dental team members (clinician/technician/patient). Further information regarding the description of surface texture, gloss, and luster (S/G/L) should also be appraised in conjunction with translucency, opalescence and fluorescence (T/O/F) as part of the process of visual assessment (Fig 2).

Dynamic light interaction

Reflection and refraction in enamel and dentin

Incident light ray interactivity with a tooth can be:

- Reflected specularly and/or diffusely from its surface (Fig 3)
- Refracted and either:
 - scattered within it and subsequently reflected, a process largely responsible for color perception (Fig 4)
 - transmitted diffusely through it (relating to the properties of transparency, translucency and opacity) (Fig 5)
 - absorbed within it (the electromagnetic energy is transformed to other forms of energy, eg, heat, photolu-





Fig 2 Dynamic light interaction will generate the visual synthesis which is influenced by nine elements: surface texture, gloss and luster (S/G/L); hue, chroma and value (H/C/V) and translucency, opalescence and fluorescence (T/O/F).



Fig 3 The term reflectance is used to denote the fraction of light energy that is reflected by the surface of a given material. If the surface is not plane but curved, as is the case with enamel above, it may still be considered to be made up of many very small, elementary plane surfaces.



Fig 4 The term refraction is used to denote a change in direction of propagation of light waves as a result of its traveling at different speeds at different points among the wave front between mediums of varying optical densities. Primary subsurface scattering is denoted by the radial arrow depictions.



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Fig 5 Light interactivity model. From the cervical to the incisal regions, the dominance of the dentin core gradually gives way to that of the enamel shell respectively, achieving a brief equilibrium in the middle region. Multi-directional forms of scattering (colored arrows) and refractive index variations between the enamel/dentinoenamel complex/dentin substrates create infinite photonic pathways, collectively rendering a unique visual synthesis depending upon the incident light direction and intensity.



minescence, photoelectric effect etc)

 re-radiated with a lower energy state (eg, fluorescence)

Relative refractive index

Due to the fact that enamel and dentin are heterogeneous hydrated substrates of variable inorganic and organic composition, one must consider collectively the volume fraction of their individual elemental component's refractive index (RI), resulting in their respective relative refractive index (RRI). Moreover, depending on the localized mineral content of these substrates, minor fluctuations in the RI may ensue, with the highest values always occurring within the more mineralized locations.^{1,2}

The structural orientation and the arrangement of the enamel prisms do not seem to have a significant effect on light attenuation, resulting in an RRI value of 1.63.^{3,4} Unlike enamel, the structural orientation and arrangement of the dentin tubules seem to play a significant role with regards to the RRI of dentin. Traditionally, dentin has been cited with a generalized RRI value of 1.54.³ Contemporary localized RRI values for dentin subadjacent to the dentinoenamel complex (DEC) include 1.60 (cervical), 1.56 (middle), and 1.49 (incisal).⁴

The DEC, being an organic proteinaceous continuum⁵ that is dominated primarily by Type I collagen, has an RRI value of 1.43.^{6,7}

Light guiding by scattering in enamel and dentin

The heterogenous composition and asymmetric directional distribution of the hard dental tissue structural components add to the level of complexity with regards to microscopic light interactivity.

Natural waveguides,⁸ such as enamel and dentin, are differentiated from conventional optical fibers by being nonuniform and containing scattering particles. Nonetheless, they have the ability to collect light and transport it purposely towards the pulp chamber (Fig 5).⁹⁻¹²

Scattering generally implies a forced deviation of light from a straight trajectory by localized non-uniformities (scatterers), found upon or within the medium through which it interacts, without the loss of energy. Reflection, refraction and diffraction represent various forms of scattering. With regards to enamel and dentin, multiple scattering pathways are prevalent. In the quantum picture, when the wavelength (frequency) of the scattered light is the same as the incident light, elastic scattering occurs. Conversely, when the emitted radiation has a wavelength different from that of the incident radiation, inelastic scattering occurs.

The inorganic component of the dental hard tissues is responsible for elastic scattering; via Rayleigh scattering (rather isotropic, only depending on the polarization of the wavelength) in the case of enamel and via Mie scattering (rather anisotropic, forward scattering is predominant) in the case of dentin,¹³ while the organic component of the dental hard tissues is responsible for inelastic scattering; via fluorescence.



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Fig 6 The frontal longitudinal tooth section was submerged in distilled water and photographed on a black background. Despite using the same amount of direct reflective illumination per exposure, a directional change of 90 degrees reveals stunning and complex light transmissive and reflective pathways, emphasizing the optical anisotropy of dentin. Sharp details and remarkable contrast within the dentin shade is seen (c). Pronounced backscattering across the enamel prisms and the dentin tubules render a diffuse appearance obscuring critical details as evident in depiction (d), based on incident light direction. Parallel illumination with respect to the long axis of the tooth present on the left and perpendicular on the right.





Fig 7 Dentin subadjacent to the DEC exhibits a transitional orthogonal rotational orientation from cervical to incisal with regards to the dentin tubules. Hence, despite the fact that cervical dentin is thicker, due to the parallel orientation of of the tubules, it is rendered more translucent. The opposite happens with respect to incisal dentin, despite the fact that it is thinner, due to the perpendicular orientation of the tubules, it is rendered more opacious.

In the case of enamel, major random scattering occurs on the ultrastructural level from the hydroxyapatite (HAp) crystal subunits, whereas minor random scattering occurs on the microstructural level due to the prism sheaths/interprismatic material orientation in conjunction with the sinuous paths of Hunter-Schreger bands.^{14,15} The scattering coefficient appears to increase with shorter wavelengths,16 while thin enamel sections also exhibit a Fraunhofer diffraction pattern in the plane perpendicular to the enamel prisms,¹⁷ acting as a diffraction grating which in turn may be responsible for generating iridescent reflections (Fig 6).

In the case of dentin, multiple directional scattering occurs on the microstructural level due to the presence and spatial arrangement of the dentin tubules and the collagen fiber mesh.^{14,18,19} In contrast with enamel, the scattering coefficient does not change significantly with wavelength.²⁰ Directly below the DEC, scattering is decreased due to low tubule density with small tubule size, compared to the dentin directly adjacent to or above the pulp due to high tubule density with large tubule size.21 Thus there exists a significant translucency gradient, that of superficial dentin which is more translucent and that of deep dentin, which is three times more opacious.²² Additionally, the regional variation of dentin tubule orientation is of particular relevance with regards to light transmission, rendering cervical dentin as highly transmissive, middle dentin as moderate, and incisal dentin as low (Fig 7).

Conversely, the DEC lacks significant scatterers. The elevated lateral light diffusion that occurs at the DEC has been described as the "glass layer" or "high diffusion layer" or "brilliance zone."^{23,24} Factors that may be considered for this enhanced light diffusion is that the inner aprismatic enamel presents a more uniform HAp crystal orientation, con-

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Fig 8 Direct illumination is used to enhance the sensation of surface topography of the maxillary central incisors. Moderate wear is viewed on the vertical developmental lobular heights of contour whereas the concave depressions have retained parts of their original horizontal structural anatomy; diffuse light was utilized via indirect illumination to enhance the sensation of gloss and luster.



sequently producing an elevated lightflux density concentration at this junction,^{25,26} while the underlying mantle dentin exhibits low tubule density and small tubular size, providing minimal scattering. Furthermore, the change in the RRI between dentin and enamel results in partial reflections of light at this junction and theoretically, when conditions are favorable for short distances, localized total internal reflections may be attained.

The nine elements of visual synthesis

Descriptive surface elements

Surface texture

Surface texture describes the physical characteristics of the enamel surface, being directional (vertical developmental lobes/horizontal cervical ridges) and structural (perikymata). Perpetual surface texture adaptation is a function of the inherent microstructure at eruption and the subsequent physical and chemical processes that modify it: attrition, abrasion, and erosion (Fig 8).

Gloss

Gloss describes the visual perception based on the interaction of light with the physical characteristics of the enamel surface, relating to the ability to reflect light in a specular ("glossy appearance" observed on polished convex contours) or diffuse ("matte appearance" observed within concave depressions) manner. Like color, it exhibits physical, physiologic, and psychological aspects (Fig 8).

Luster

Luster describes the qualitative correlation of the visual appearance produced by the reflection of light with the enamel surface. Also known as contrast gloss, luster can be somewhat subjective, expressed in relative terms such as satinlike, pearly, metallic, glass-like (Fig 8).

Objective color elements

Hue

Hue Is defined as the name that distinguishes one family of colors from another. Hue is specified as the dominant range of wavelengths in the visible spectrum that yields the perceived color.²⁷ The base shade of dentin primarily determines the hue of a tooth.^{28,29} Hue can be considered the quality of pigment (Figs 9 and 10).

Chroma

Chroma is defined as the saturation, intensity, or strength of the hue. Unlike value, which occurs independently of hue, chroma is only present when there is hue.³⁰ Chromaticity is an objective specification of the quality of a color regardless of its value, that is, as determined by its hue and chroma, and is readily visualized via cross-polarized reflective photography (Figs 9 and 10).

Value

Value is defined as the relative whiteness or blackness of a color and is determined by comparing it to a gray of similar brightness. Value is also called lightness, brightness or luminance (Figs 9 and 10).



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Fig 9 The intact teeth comprising the maxillary triad were extracted concurrently due to periodontal reasons and deemed as exemplary dental specimens for exploring interdental structural and optical inter-relationships. Aggressive acidulation led to the selective enamel dissolution and revealed the dentin substructure. Lobular coalescence is particularly prevalent in the central incisor.

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Fig 10 The objective color elements as viewed and estimated; general congruency is observed among the cervical (C), middle (M) and incisal (I) thirds amongst the maxillary triad. A multitude of hues is found at the incisal third due to the phenomena of opalescence and counter-opalescence. Chroma is more pronounced at the cervical third due to the thickness of dentin.³¹ In all instances Value is highest at the middle third, due to the fact that the enamel and dentin present an equilibrium in terms of thickness ratios.³²





Fig 11 The longitudinal histological tooth section of a maxillary central incisor, 1 mm in thickness, was submerged in distilled water and photographed via transmissive illumination (upper) and reflective illumination (lower) to epitomize the opalescent nature of enamel.

Subjective optical elements

Translucency

Translucency is defined as a gradient between transparency (complete transmission of light) and opacification (complete reflection of light). The light transmission of enamel has been shown to be wavelength specific, age related and is influenced by its state of hydration. A decrease in translucency during dehydration is explained as a result of an increased difference in refractive indices between the enamel prisms and the surrounding medium when water is replaced by air.³³

Opalescence

Known as the Rayleigh scattering effect; enamel demonstrates this dichroic effect, which is caused by scattering particles with typical dimensions much smaller than the wavelength of illumination used. The mineral crystals present in the enamel prism (measuring 4 μ m

wide to 8 μ m high) meet this property because the HAp subunit crystals exhibit thicknesses of 25 to 40 nm, and widths of 40 to 90 nm. For that reason the short blue wavelengths reflect preferentially from the enamel, while the longer amber wavelengths transmit accordingly through it (Fig 11).

Fluorescence

An example of photoluminescence is a phenomenon in which invisible UV light is absorbed and then re-emitted almost immediately³⁴ (10⁻⁸ s) at a less energetic wavelength in the visible spectrum. Enamel and dentin both possess fluorescent properties, with dentin generally exhibiting three times the intensity than that of enamel³⁵ upon longitudinal section, emitting a white-blue luminescence after excitation, imparting additional vitality and brightness to the natural tooth appearance predominantly in UV rich environments only. The DEC also exhibits elevated fluorescence due to the col-





Fig 12 A submerged maxillary premolar was photographed with reflected long wavelength UV illumination (365 nm), enabling the visualization of dentin exhibiting three times the fluorescence intensity than that of enamel. Note that the DEC also exhibits pronounced fluorescence.³⁹⁻⁴¹

lagen-rich, highly cross-linked composition, with primary intrinsic (endogenous) fluorophores being the aromatic amino acid tryptophan^{36,37} and the collagen cross-linking agent hydroxypyridium (Fig 12).³⁸

Dynamic infinite optical thickness

Perceived color can be considered a combination of the reflected color of the translucent enamel layer plus the color reflected from the underlying relatively opacified dentin layer. As the enamel and dentin layers vary inversely in relative thickness from cervical to incisal, the amount of color contribution from the two tissues will be reciprocal (vice versa) (Figs 13 and 14).^{44–46}

The thickness of a given translucent material at which any further material addition does not alter the transmission of light, nor the perceived reflected color of that material either on a white or black background, defines its infinite optical thickness (IOT).

Although light transmission in enamel at 1 mm has been tentatively measured to be $66\% \pm 11\%$, while that of dentin at 1 mm is $44\% \pm 12\%$,⁴⁷ one must consider the significance of sample location, the relative thickness distribution of both tissues as well as stage of tissue maturation.⁴⁸

With regards to dynamic aging on the macrostructural level, enamel inadvertently goes through a volumetric reduction via functional wear, mechanical abrasion and chemical erosion, resulting externally in a hyperpolished surface. Conversely, internally the dentin volume increases via secondary and tertiary dentin deposition.

On a microstructural level, a significant reduction in the porosity of the enamel is due to posteruptive maturation via hypermineralization^{49–51} and homogenization leading to HAp crys-



Fig 13 Individual and pooled averages with regards to labial enamel thickness for the maxillary triad at the cervical (C), middle (M) and incisal (I) thirds.⁴⁴⁻⁴⁶

tal elongation,⁵² while in a homologous manner, hypermineralization of dentin ensues via natural tubular obliteration, rendering dentin more translucent over time.

Due to this dynamic cycle of events, juvenile enamel, which is thicker, possesses a texturized surface and is composed of small HAp crystals, appearing to be translucent white (higher value) due to more light scattering, while adult (and senior) enamel, which is thinner, is characterized by a polished surface and composed of large HAp crystals, thus appearing more transparent grey (lower value) due to less light scattering.

Further research is desired in order to estimate the dynamic IOT values for enamel and dentin at different stages of tissue maturation, thus establishing universal industry standards for composite resins and etchable ceramics. Possessing knowledge of the dynamic IOT and the degree of translucency and opacity of dental resins^{53,54} and etchable ceramics at given thicknesses will automatically enable clinicians and technicians to strategize accordingly in order





Fig 14 Pooled averages with regards to labial dentin thickness for the maxillary triad at the cervical (C), middle (M) and incisal (I) thirds.⁴⁴

to provide adequate tooth reduction to meet the specific objectives that are required.

Amplified visual perception effect

Due to the convex lens-like shape of enamel in conjunction with possessing an RRI of 1.63, optical distortion occurs. Thus, light being refracted within enamel, the DEC and subsequently internally reflected from dentin produces a stunning effect; an optical illusion of magnification⁵⁵ and spatial proximity is perceived with regards to the underlying dentin mamelons. This apparent magnification manifests in an incisobuccal direction, creating an optical illusion with regards to the position and dimension of dentin mamelons. This optical illusion is subdued in part by the birefringent nature of enamel, obscuring details rendering a hazy net appearance (Fig 15). Concurrently, dentin also exhibits magnification properties^{56,57} due to the divergent radial fanning of the dentin tu-





actual dentin mamelons

Fig 15 Enamel is responsible for creating an optical illusion of the apparent versus the actual position with regards to the visualization of the underlying incisal dentin.

bules when light is reflected internally from the deeper strata.

Diversification of photographic illumination techniques

Intact dental specimens provide the ultimate reference for the perpetual devotion of time and attention to acquire the needed knowledge with regards to visual interpretation.^{58,59}

Over the last decade, there has been profound interest in alternative photo-

graphic techniques aimed at increasing the accuracy and objectivity of dental shade evaluation and laboratory communication. In order to minimize the user-dependent error in future clinical practice, it is necessary to develop standardized, reproducible imaging modalities and objective image analysis methods (Figs 16 and 17).

Reflective Illumination

Direct reflective illumination utilizing a macro twin flash, via manual standardization of power output, remains the pho-

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Fig 16 Facial illumination techniques from top to bottom: reflective, reflective cross-polarized, reflective UV and transillumination.

Fig 17 Palatal illumination techniques from top to bottom: reflective, reflective cross-polarized, reflective UV and transillumintion.



tographic standard for providing predictable and repeatable levels of light for shade estimation. Indirect reflective illumination (Lumiquest, Pocket Bouncers,) on the other hand, aids in revealing fine surface texture details.

Reflective cross-polarized illumination

This photography technique significantly mitigates unwanted specular reflections which obscure the fine details of dental structures^{23,60}, while providing a high contrast/hypersaturated dental image to be objectively analyzed via a calibrated RAW workflow utilizing a generic software program (Adobe Photoshop) in the CIE L*a*b color space. To obtain such a photographic image intraorally, a cross-polarization filter is utilized (polar_eyes, Emulation).

UV Illumination

Ultraviolet Illumination is utilized in order to induce fluorescence and aid in the selection of the restorative material (etchable ceramics and resins) with a similar fluorescence intensity,⁶¹⁻⁶³ providing the restoration with optimal integration primarily in the event of exposure to a UV dominant lighting environment, such as a dancehall or a nightclub. To obtain such an image intraorally, a custom modified xenon flash tube is utilized (fluor_eyes, Emulation).

Transillumination

Transillumination reveals histo-anatomic relative opacity levels (transparent dentin vs opaque) and visual quantitative estimation of incisal enamel distribution. Opalescence may also be visually assessed and gauged via this type of photography. To obtain such an image intraorally, a fiber optic transilluminator is utilized (Micro-Lux, AdDent).

Discussion

The restorative task is elaborated along four levels of integration: biological, functional, mechanical, and optical. To meet contemporary challenges, the dental team must enhance its capacity in all four levels equally.

From an optical standpoint in ambient light, enamel can be considered isotropic, with the visual gradient being expressed in the vertical direction (cervical/incisal) due to thickness variation, whereas dentin can be considered anisotropic, with the visual gradient being expressed: *a*) in a radial direction due to the dentin tubule attributes of diameter and density (qualitiative), and *b*) in a horizontal zonal direction (cervical/middle/incisal) due to thickness variation and differing RRI indexes (quantitative).

Hue and chroma are predominately determined by the properties of dentin, dynamically changing over time as secondary deposition occurs. In some instances, as in the cases of severe incisal wear, dentin can be breached to such an extent that external chromophores become readily absorbed, resulting in infiltration staining (Fig 10).

While the opacity of dentin provides and establishes a baseline for value, the luminosity is predominately regulated by the properties of enamel. The surface texture influences the primary interac-

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Fig 18 Stone replicas facilitate visual assessment and rumination of the variability between enamel and dentin surface topography. Mesiobccal **(left)** and Mesiopalatal **(right)** oblique views of central incisor, lateral incisor and canine (top to bottom). Generalized external enamel macromorphological congruency is seen upon the dentin counterpart, with amplified vertical corrugations, providing added roughness and waviness that is critical to be emulated during restorative stratification techniques.⁶⁴



tion of the incident light. A highly textured surface renders higher amounts of diffuse surface scattering, thus elevating the perceived value, appearing to be more translucent. This is in contrast to a smooth surface, which would exhibit lesser amounts of diffuse surface scattering, thus demoting the perceived value, and appearing to be more transparent. The relative thickness of enamel dictates the proportional amount of diffuse subsurface scattering (quantitative), while the degree and postmaturation stage of the HAp crystals affects the type of photonic interaction (qualitative).

Transparency, translucency and opacification are all visual representations of the amount of light that is scattered and subsequently reflected to the observer by the microstructural features of a given substrate. Embracing the paradigm shift of thinking in terms of dynamic light interactivity via the principle of scattering enables the clinician and technician to choose the level of sophistication within the stratification protocol they opt to employ; a trilaminar technique (enamel/DEC/dentin) for a simplex interpretation or a pentalaminar technique (Exo enamel/eso enamel/DEC/exo dentin/eso dentin) for a complex one. The utilization of this knowledge in the clinical and technical restorative approach is to be described thoroughly in articles that will be published in future issues of this journal.

Conclusion

This article presented fundamental yet simplified photonic interactions with regards to the histoanatomic elements, rendering the final visual synthesis. It should be emphasized that a thorough understanding of the light propagation within the coronal structures is a prerequisite in order to elucidate color and shade, however mastery of spatial distribution of the three-dimensional histoanatomic relationships is paramount in the quest for restorative dental emulation (Fig 18).

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